There are 6 Core (Required) Adventures in the Bear program:



	seven days if you have a thermometer, and barometer. If you don't have them, look up the readings each day for your area online.
	Bear Required Adventure: Fellowship and Duty to God
	Complete the following requirements.
U II	 Discuss with your parent, guardian, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life. Complete at least one of the following:
	 A. Identify a person whose faith you admire and discuss this person with your family.
	B. With a family member, discuss a place of worship or a spiritual community, school, or community organization near you that puts into practice your ideals of duty to God and strengthens your fellowship with others.
	 Complete at least one of the following: A. Earn the religious emblem of your faith that is appropriate for your age, if you have not already done so.
	 B. Make a list of things you can do to practice your duty to God as you are taught in your home or place of worship or spiritual community. Select two of the items and practice them for two weeks.
	Bear Required Adventure: Fur, Feathers, and Ferns
	Complete Requirement 1 plus three others. Use the internet.
Ť	1. In your yard, identify any signs that any mammals, birds, insects, reptiles, or plants are living near the place where you live.
	 Visit one of the following online: A virtual tour of a zoo, wildlife refuge, nature center, aviary, game preserve, local conservation area, wildlife rescue group, or fish hatchery. Describe what you learned during your online visit.
	 Name one animal that has become extinct in the last 100 years and one animal that is currently endangered. Explain what caused their declines.
	 Observe wildlife from your home. Describe what you saw. Use a magnifying glass to examine plants more closely. Describe what you saw through
	 the magnifying glass that you could not see without it. 6. Learn about composting and how vegetable waste can be turned into fertilizer for plants. 7. Plant a vegetable, herb garden, or care for the plants in your home.
	Bear Required Adventure: Paws for Action (Duty to Country)
🎎	Complete Requirement 1 plus two others from Requirements 2-4.
	1. Learn about our nation's flag. Display it at home for one month. Say the Pledge of Allegiance and learn its meaning.
	 Do at least one of the following. A. Find out about two famous Americans. Share what you learned.
	B. Find out where places of historical interest are located near your community, town, or city. Visit one of them online and tell your adult what you learned.
	 3. Do at least two of the following. A. Talk with a fire safety officer or law enforcement officer by phone. Find out what skills the officers use to do their jobs. Ask questions that will help you learn
	how to stay safe.

B. Make a list of emergency numbers and discuss with your family where the list should be kept. Show your family that you know how to call for help in an emergency. Talk with your family about people who could help you if a parent is not available.
C. With your family, develop a plan to follow in case of an emergency, and practice the plan at least three times. Your family can determine the emergency, or you can develop several plans.
4. Do at least one of the following.
A. Clean up your yard so it helps your neighborhood look good.
B. Watch online, a national parade, celebration, Presidential Address, or other national activity and share what you learned.